NAVY AND MARINE CORPS PUBLIC HEALTH CENTER

PREVENTION AND PROTECTION START HERE

March 2018

What's New in Public Health

Click the links below to discover the latest news and updates from NMCPHC!

NMCPHC Updates

- Annual Navy and Marine Corps Public Health Conference
- Healthy Eating Toolbox
- NMCPHC Workplace Health Risk Assessment (HRA) – What You Need to Know
- Blue H Start-Up Tips
- HPW Infographic: Take the Pressure Off
- Quick Reference Checklist for ESSENCE Registration
- DRSi Newsletter – The Reporter

Public Health in the News

- Navy Medicine Draws from the Past to Outline the Future of Battlefield Medical Care – DVIDS
- Focus on Prevention…Not the Cure for Heart Disease – Health.mil
- Blasts and Brain Health – Science.dodlive.mil

NMCPHC Upcoming Training & Conferences

- March 13– March 16: Spirometry Training Course
- March 20 - 22: Navy and Marine Corps Public Health Conference

NMCPHC Field Activity Education & Training

- Navy Entomology Center of Excellence (NECE)
- NEPMU-2
- NEPMU-5
- NEPMU-6
- NEPMU-7

Back to Table of Contents >>

Annual Navy and Marine Corps Public Health Conference

The annual Navy and Marine Corps Public Health Conference will take place form March 20 to 22, 2018 at the Norfolk Waterside Marriott in Norfolk, Va. The goals of this year's public health conference are to promote multidisciplinary collaboration and communication on military-specific public health issues, officer and enlisted community mentoring and professional development, and formal training to develop skill sets and achieve required competencies. Click here to learn more >>

Healthy Eating Toolbox

March is the Academy of Nutrition and Dietetics National Nutrition Month®. In support, NMPCHC's health promotion and wellness (HPW) department is equipping public health educators with the resources they need to encourage healthy eating and "Savor the Flavor of Eating Right." Find posters, fact sheets, activity ideas and other resources in this toolbox to help Sailors, Marines, beneficiaries and Department of Defense (DoD) civilians improve their eating and exercise habits to achieve and maintain a healthy weight, reduce chronic disease and promote overall health. Click here to learn more >>

NMCPHC Workplace Health Risk Assessment (HRA) – What You Need to Know

The NMCPHC Workplace Health Risk Assessment (HRA) anonymously assesses and measures health risk behaviors for military service members and GS civilians. Check out this slideshow to learn why you should use the HRA for your command. Click here to watch >>

Blue H Start Up Tips

The Blue H is an annual award for Navy and Marine Corps commands who demonstrate excellence in health, wellness and fitness activities and policies. Follow the start-up tips in this slideshow to help your command achieve health promotion excellence and win the Blue H Gold Star. Click here to watch >>

Back to Table of Contents >>

HPW Infographic: Take the Pressure Off

In 2010, high blood pressure was the leading cause of death and disability-adjusted life years worldwide. NMCPHC's HPW department designed the infographic "Take the Pressure Off" to highlight risk factors of high blood pressure, provide tips to obtain the best results while checking your blood pressure, and help you know your numbers.
Click here to view the infographic >>

Quick Reference Checklist for ESSENCE Registration

The Quick Reference Checklist for Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE) Registration is an easy-to-use guide to help you ensure you have successfully registered for ESSENCE. Click here to read more >>

DRSi Newsletter: The Reporter

The Reporter is a monthly newsletter for military treatment facility (MTF) and shipboard public health staff, including users of the Disease Reporting System internet (DRSi). Each issue highlights monthly trainings, department updates, guidance and news to ensure timely recognition and control of infectious diseases. Click here to learn more >>

Back to Table of Contents >>

Navy Medicine Draws from the Past to Outline the Future of Battlefield Medical Care

Vice Adm. Forrest Faison, Navy surgeon general and chief, U.S. Navy Bureau of Medicine and Surgery (BUMED), Lt. Gen. Michael Dana, deputy commandant, Installations and Logistics, and Rear Adm. Gayle Shaffer, medical officer of the Marine Corps, co-hosted the 21st Century Battlefield Medical Care Symposium at Marine Corps Base Quantico from Feb. 14 to 15. The symposium included more than 300 military and civilian participants who explored past battlefield medical experiences to develop new ideas and technology to improve the treatment and movement of casualties in future distributed operational environments.
Click here to read more >>

Focus on Prevention…Not the Cure for Heart Disease

Can a broken heart be mended? Relationship experts may have opinions on this, but health care experts say the focus should be on prevention, not a cure. “A large percentage of heart health problems are preventable,” said Navy Lt. Cmdr. Cecily Dye, chief cardiologist at Naval Medical Center Camp Lejeune, N.C. Click here to read more >>

Blasts and Brain Health

The brain is the most complex organ in the body. But what do we know about brain health when a service member is experiencing regular blast exposure – either through training or combat? The Navy SEALS are working with the Defense and Veterans Brain Injury Center and the General Dynamics Health Solutions Neuro Tactical Research Team to better understand the effects of exposure. Click here to read more >>

NMCPHC Upcoming Education & Training

Back to Table of Contents >>

Spirometry Training Course

March 13 – 16 Quantico, Va.

The occupational and environmental medicine (OEM) department of NMCPHC sponsors a spirometry training course that has been approved by the National Institute for Occupational Safety and Health (NIOSH). There are only 28 NIOSH-approved spirometry training courses across the United States. The NMCPHC-sponsored spirometry training course is tailored to meet the occupational health needs of the Department of the Navy (DoN) to include providing the course to commands inside the continental United States (CONUS) as well as outside the continental United States (OCONUS). Click here to learn more >>

Navy and Marine Corps Public Health Conference

March 20 - 22 Norfolk, Va.

The Navy and Marine Corps Public Health Conference will be held on March 20 –22, 2018 at the Norfolk Waterside Marriott in Norfolk, Va. Attendance is limited to active duty and civilian Navy public health specialties invited by specialty leaders who will manage attendance quotas. The conference will focus on “Naval Readiness through Public Health” and offer topics in preventive medicine, population health and environmental health. Click here to learn more >>

NMCPHC Field Activity Education & Training

Back to Table of Contents >>

Navy Entomology Center of Excellence (NECE)

NECE offers training to DoD pest management professionals to include pesticide applicator certification (approved by the U.S. Environmental Protection Agency to satisfy federal training and certification requirements for pesticide applicators); DoD pesticide applicator recertification; operational entomology training (preparing preventive medicine personnel to establish a public health pest management program); and shipboard pest management (NECE serves as the Navy program manager for shipboard pest control). Click here to learn more >>

NEPMU-2

The mission of the Navy Environmental and Preventive Medicine Unit Two (NEPMU-2) education and training department is to provide fleet and staff training, leadership and management to ensure that required professional certificates for occupational, environmental and preventive medicine professionals are met throughout the Navy and Marine Corps. Click here to learn more >>

NEPMU-5

The mission of NEPMU-5's education and training department is to provide external and internal education and training, ashore and afloat, while maintaining training logistical support for deploying Forward Deployable Preventive Medicine Unit (FDPMU) teams in support of operational commanders worldwide. Services offered include CANTRAC and specialized education & training in support of Navy military and civilian personnel assigned within this unit's area of responsibility (AOR), ashore and afloat. Click here to learn more >>

NEPMU-6

The education and training department of NEPMU-6 offers courses throughout the year including (but not limited to) food safety manager's course, laboratory identification of malaria training, DoD pesticide applicator certificate refresher course, shipboard pest management training and Navy ship sanitation certificate program. Click here to learn more >>

NEPMU-7

NEPMU-7 provides force health protection courses throughout the year including (but not limited to) operational entomology training, shipboard pest management and food safety manager's/supervisor's course. Click here to learn more >>